

Primer..

Cream of Vegetables \$12

Island inspired vegetable soup with saffron cream.

Caesar Salad \$12

Crisp romaine, cherry tomatoes, plantain croutons, parmesan cheese, Caesar dressing & corn.

Add Chicken \$6 / Add Shrimp \$8

Creamy Conch Chowder \$14

Conch, bacon, corn, carrot, potato, heavy cream.

Solana House Salad (V) \$14

Organic greens, hibiscus vinaigrette, sweet pepper, carrots, cherry tomatoes, candied pecans, cucumbers, boiled eggs, beets.

Greek Salad \$16

Feta cheese, olives, cucumber, sweet peppers, red onions, balsamic vinaigrette.

Caprese \$16

Vine ripe tomatoes, fresh mozzarella, beet pesto, balsamic.

Intermedio..

Mushroom Ravioli \$14/\$24

Vine ripe tomatoes sauce, parmesan snow, truffle oil.

Crispy Nori Toast \$18

Ahi tuna - ginger soy dressing.

Duck Spring Rolls \$18

Duck & veggies rolled and crisp fried.

Tenderloin Bulgogi \$24

Spicy beef strips tossed with peppers, sesame & Korean bulgogi sauce.

Sushi, Sashimi & Rice

Sushi Rolls

Spicy Tuna \$19

Salmon Avocado \$19

Vegetable Tempura \$19

California \$19

Rainbow \$22

Crunchy Shrimp \$22

Dragon Roll \$22

Assorted Platter for 2 \$34

Sashimi

Tuna \$22

Salmon \$24

Nigiri

Tuna \$19

Salmon \$19

Fried Rice

Shrimp \$14

Chicken \$12

Vegetable \$10

Solana

R E S T A U R A N T

Principal...

Tofu (V) \$22

Tofu tossed with Asian mustard sauce.

Dinner Burger \$22

8 oz beef patty, fried egg, bacon jam, American cheese, fries.

Shrimp Linguini Alfredo \$24

Island Jerk Chicken \$28

Jerk rubbed chicken thigh, peas n rice coleslaw, guava jerk sauce.

Chicken Teriyaki Platter \$30

Succulent chicken strips tossed in teriyaki sauce and sticky rice.

Prawns Butter Garlic \$34

Hibachi grilled butter garlic prawn & Jasmine rice

Pan seared Grouper Fillet \$35

With mixed steamed vegetables, mushroom risotto and orange buerre blanc.

Grilled Snapper \$35

Plantain mash, steamed vegetables & cajun cream sauce.

Sliced Tenderloin Tonkatsu Sauce \$42

Japanese style stir fried beef in tonkatsu sauce served with jasmine rice

Grilled Tenderloin 8 oz \$42

Truffle sauce, mash medley, sautéed vegetables.

Surf & Turf \$48

Grilled tenderloin, shrimp skewers, butter garlic, potatoes, sautéed veggies.

Prices subject to 12% government taxes, 10% service charge & 5% facility fee.