

#### "Enjoy amazing sunsets on the best beach in the world"



# -APPETIZERS-

**CONCH FRITTERS** \$22

Caicos Conch, Sweet Peppers, Onions, Island Spices, Rémoulade Sauce

SLIDERS \$22

Beef OR Fish Sliders, Dill Pickle, Cherry Tomato, Sesame Seed Buns Add Cheese \$2 Add Bacon \$2

**CONCH FINGERS** \$22

Breaded Caicos Conch, Rémoulade Sauce

**CHICKEN WINGS** \$21

Breaded, Crisp Fried Chicken, Carrots, Celery Plain or Tossed in your choice of Sauce: Buffalo, Jamaican Jerk, BBQ, Lemon Pepper

**VEGETABLE SPRING ROLLS** \$19

Crispy and Golden Brown, Stir Fry Vegetables, Fresh Herbs, Sweet Chili Sauce

CHIPS, SALSA & GUACAMOLE \$19

Fresh Corn Tortilla Chips, Homemade Salsa, Fresh Guacamole Add Queso \$7

**COCONUT SHRIMP** \$22

Coconut Crusted Shrimp, Vegetable Slivers, Sweet Chili Sauce

**QUESADILLA** \$18

Mixed Cheeses, Crispy Flour Tortilla, Diced Onions & Peppers, Salsa, Guacamole, Sour Cream Add Swai Fish: \$9 Add Chicken or Beef: \$7 Add Shrimp, Mahi-Mahi, Grouper, or Snapper Filet \$12

**GARLIC SHRIMP SKEWER** \$22

Garlic Butter Sautéed Shrimp, Vegetable Slivers, Sweet Chili Sauce

**SALMON CAKES** \$19

Fresh Alaskan Salmon, Fresh Herbs, Spices, Pan-Fried with Virgin Olive Oil, Vegetable Slivers, Avocado Tartar Sauce

**ASIAN LETTUCE WRAPS** \$22

Sautéed Chicken Breast, Hoisin Sauce, Ginger, Roasted Peanuts, Thai Chili, Served In Lettuce Cups

CHIPS, SALSA & GUACAMOLE \$19

Fresh Corn Tortilla Chips, Homemade Salsa & Fresh Guacamole Add Queso \$7

CHIPS & QUESO \$15

Fresh Corn Tortilla Chips & Homemade Queso Add Scoop Guacamole \$2 Add Side Guacamole \$5

**LOADED NACHOS \$25** 

Corn Tortilla Chips, Mexican Cheeses, Queso, Sliced Jalapeño, Shredded Lettuce, Diced Tomatoes, Sour Cream, Black Olives. With Seasoned Beef or Grilled Chicken Add \$7

# -FLATBREADS-

**SEAFOOD FLATBREAD** \$24

Seafood Trio, Roasted Garlic, Red Pepper Tomato Sauce, Mozzarella, Homemade Pesto Drizzle

**NEW YORKER FLATBREAD** \$25

Mozzarella Cheese, Basil, Sausage, Fresh Tomatoes

MARGHERITA FLATBREAD \$22

Basil Pesto, Mozzarella Cheese, Fresh Tomatoes, Caicos Sea Salt Add Chicken \$7



### -LOBSTER-



SEASON OPEN AUGUST 1 TO MARCH 31
\*IN SEASON ONLY\*

**LOBSTER SPRING ROLLS** \$23

Crispy and Golden Brown, Stir Fry Vegetables, Fresh Herbs, Sweet Chili Sauce

LOBSTER QUESADILLA \$Market Price

Mixed Cheeses, Crispy Flour Tortilla, Diced Onions & Peppers, Salsa, Guacamole, Sour Cream

NORTH CAICOS LOBSTER BURRITO \$27

Cracked Lobster, Black Beans, Rice, Cheddar Cheese, Salsa, Guacamole, Lettuce, Marie- Rose Sauce

**LOBSTER TACOS** \$Market Price

2 Soft Flour Tortilla, Cracked Lobster, Shredded Lettuce, Diced Tomatoes, Mixed Cheeses, Diced Onions & Peppers, Pico de Gallo, Baja Sauce

LOBSTER TAIL YOUR WAY \$Market Price

Jerk, Blackened, Cajun, or Grilled, Lemon Garlic Butter Sauce, Island Rice or Garlic Mashed Potato Your choice of: Garden Salad, Mixed Vegetables, or Coleslaw

**SURF & TURF** \$Market Price

Grilled Lobster Tail and Fire Seared Angus Ribeye; Mixed Vegetables and Garlic Mashed Potato

**SEAFOOD SURF** \$Market Price

Choice of two: Grilled Lobster Tail, Shrimp Skewer, Salmon Filet, Grouper Filet, Snapper Filet; Mixed Vegetables and Garlic Mashed Potato

CAICOS SALAD \$Market Price

Grilled Lobster, Crispy Romaine Lettuce, Avocado Mash, Bermuda Onion, Tomato, Hard Boiled Egg, Ranch Dressing

**BAHAMIAN LOBSTER SALAD** \$ Market Price

Poached Lobster, Tomato, Onion, Pepper, Lemon Juice, Tossed in Avocado Mayo



Dressing Choices: Ranch, Blue Cheese, Honey Mustard, Balsamic

With Swai Fish Add \$9

With Shrimp, Mahi-Mahi, Grouper or Snapper Filet Add \$12 With Seasoned Beef or Grilled Chicken Add \$7

TACO SALAD \$21

Crispy Tortilla, Romaine Lettuce, Cheddar Cheese, Taco Sauce, Sour Cream, Salsa, Guacamole

**ISLAND BISTRO** \$22

Mixed Field Greens, Walnuts, Goat Cheese, Kalamata Olives, Sun Dried Tomatoes, Balsamic Vinaigrette

CLASSIC CAESAR SALAD \$21

Romaine Lettuce, Herbed Croutons, Shaved Parmesan Cheese, Creamy Garlic Dressing, and Bacon Crumbles Upon Request

THE WEDGE \$19

Iceberg Lettuce, Smoked Bacon, Raisins, Diced Tomato, Walnuts, Balsamic Vinaigrette, Blue Cheese Crumbles

CHEF SALAD \$22

Romaine, Iceberg, Turkey, Ham, Cheddar Cheese, Cherry Tomato, Cucumber, Hard Boiled Egg, Herbed Croutons

**CONCH CEVICHE** \$20

Raw Marinated Caicos Conch, Citrus Dressing, Sweet Peppers, Habañero, Onion, Corn Tortilla Chips



#### **CHILLED PRAWN & GAZPACHO**

Poached Citrus Scented Prawn, Cucumber, Sweet Peppers, Onion, E.V.O., Tomato-Garlic Broth, Crispy Tortilla

#### **CONCH CHOWDER**

Caicos Conch, Root Vegetables, Potatoes, Fresh Herbs, Cream, Fresh Bread

#### ISLAND STYLE CHICKEN & PUMPKIN

Calabaza Pumpkin, Assorted Root Vegetables, All Spice, Potatoes, Dumplings, Scotch Bonnet Pepper, Scallion

## -SWEET TREATS-

FRUIT BOWL \$17

Variety of Fresh Fruit with Vanilla Yogurt

#### **BROOKIE** \$13

Brownie, Chocolate Chip Cookie Creation, Vanilla Ice Cream Scoop, Chocolate Sauce Drizzle, Whipped Cream, Maraschino Cherry

#### **VANILLA SUNDAE** \$11

2 Scoops Vanilla Ice Cream, Chocolate Sauce, Whipped Cream, Maraschino Cherry, Chopped Walnuts



#### KEY LIME PIE \$12

Key Lime Juice, Graham Cracker Crust, Topped with Whipped Cream, Lime Slice

#### **TURTLE CHEESECAKE \$16**

Creamy Cheesecake Filling, Caramel, Chocolate, and Pecans, Chocolate Cookie Crust

#### Weekly Specials

weekly specials in season

#### Monday

Live Music w/Rohan 6:30-9:30pm

#### Caribbean Jerk

11:00am to 10:00pm

#### <u>Wednesday</u>

Live Music w/Gordon 6-9pm Chicken & Ribs Night

6:00pm to 10:00pm

#### <u>Friday</u>

Live Music w/Dwayne 6-9pm

Seafood Saturday
11:00am to 10:00pm



Ask about our Candlelight Beach Dinner!



# -ENTREES-

#### **CURRY CHICKEN** \$29

Braised Chicken, West Indian Curry Sauce, Mango Chutney, Steamed White Rice, Fire Toasted Lentil Cracker

#### **CABANA BURGER** \$23

Flame Broiled Angus Beef, Fresh Baked Kaiser Roll, Crisp Lettuce, Fresh Tomato, Red Onion, Pickle Add Cheese \$2 Add Bacon \$2 Add Sautéed Onion \$1 Add Mushroom \$1

#### FRESH ATLANTIC SALMON \$36

Grilled OR Sesame Crusted, Jasmine Rice, Medley of Fresh Vegetables, Garlic-Ginger Glaze

#### **ENCRUSTED GROUPER \$41**

Coconut OR Almond Crusted Grouper, Island Rice, Sautéed Vegetables, Light Coconut Reduction

#### LINGUINE OR PENNE PASTA \$20

White Wine Garlic Cream OR Roasted Garlic Red Pepper Tomato Sauce, Fresh Herbs, Aged Parmesan, Garlic Bread Add Veggies \$5 Add Chicken \$7 Add Shrimp \$12 Add Salmon \$15 Add Seafood Variety \$19

#### **GROUPER YOUR WAY \$41**

Grilled, Blackened, Jerked or Pan Seared, Island Rice, House Salad, Tropical Fruit Salsa

#### **CAPRESE GROUPER** \$41

Pan Seared Grouper, Mozzarella, Roasted Tomato, Mashed Potatoes, Sautéed Broccoli, Roasted Red Pepper Sauce, Homemade Pesto Drizzle

#### FISH & CHIPS \$24

Battered, Fried, Swai Fillets, Home Cut Fries, Coleslaw, Tartar Sauce, Lemon With Grouper or Snapper Add \$9

#### **SNAPPER De CREOLE** \$41

Grilled OR Fried Snapper Fillet, Jasmine Rice, Sautéed Vegetables, Island Style Creole Sauce

#### **CERTIFIED ANGUS RIBEYE** \$63

Fire Seared 12oz Angus Ribeye, Roasted Garlic Mashed Potatoes, Medley of Fresh Vegetables, Woodland Mushroom Sauce

If you have a food allergy or special dietary requirement please inform your server prior to placing order so we can best accommodate you!

## Coffee, Tea, Espresso, Italian Soda & Spirits

ESPRESSO ESPRESSO CAMPANA CAFÉ MOCHA AMERICANO ESPRESSO MACCHIATO CARAMEL MACCHIATO CAFÉ LATTE CAPPUCCINO

**HOT TEA:** Variety of selections. Ask your server for details!

CAFÉ CABANA Rum, Amaretto, Hot Coffee, Whipped Topping
CAFÉ CARIBBEAN Dark Rum, Espresso, Brown Sugar, Cardamom
IRISH COFFEE Espresso, Brown Sugar, Irish Whiskey, Whipped Topping
SALTED CARAMEL MARTINI Kahlua, Vodka, Cold Brew, Caramel, Salt
ESPRESSO MARTINI Espresso, Vodka, Baileys
KENTUCKY COFFEE Bourbon, Honey Liquor, Hot Coffee, Whipped Toppin
CAICOS COFFEE Hot Coffee, Dark Rum, Baileys, Whipped Toppina, Cinne

KENTUCKY COFFEE Bourbon, Honey Liquor, Hot Coffee, Whipped Topping CAICOS COFFEE Hot Coffee, Dark Rum, Baileys, Whipped Topping, Cinnamon NUTTY IRISHMAN Espresso, Irish Whiskey, Baileys, Frangelico, Whipped Topping, Nutmeg

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ASSINI FR. LAVENDE ATEMATIC

#### TORANI FLAVORS

Vanilla
Sugar-Free Vanilla
Caramel
White Chocolate
Hazelnut
Watermelon
Passion Fruit
Almond

ITALIAN SODA:

Torani Flavor Syrup, Cream, Club Soda, Whipped Topping, Maraschino Cherry

All items are subject to 12% government tax, and 10% Service Charge
Service Charge is distributed among all staff.
If you choose to tip above your bill, it will go directly to your server
No outside food or drink allowed, \$15 Corkage Fee for all outside wine
We reserve the right to refuse service to anyone.
(649) 946-5880 Thank you Cabana Bar - October 2024

