Lunch

Daily 11am to 5pm

Rocking Starters

CHICKEN WINGS $23
Naked, crisp-fried chicken wings, carrots, celery,
ranch or blue cheese dipping sauce
Plain or tossed in your choice of Buffalo, Jamaican Jerk or BBQ

CHIPS • SALSA • GUACAMOLE $19
Fresh corn tortilla chips, homemade salsa, fresh guacamole
Add queso +$7

GRILLED CHEESE & TOMATO BISQUE $18 —NEW—
Creamy, tangy soup, and crisp buttery grilled cheese dippers

CALAMARI $18 —NEW—
Crisy calamari, homemade aioli dipping sauce

LOADED NACHOS $25
Corn tortilla chips, homemade queso, diced tomatoes,
shredded lettuce, sliced jalapeño, sour cream, salsa
Add scoop guacamole +$2
Add grilled chicken or seasoned beef +$8

QUESADILLA $19
Mixed cheeses, crispy flour tortilla,
onside salsa, guacamole, sour cream
Add Swai fish +$10 | Add chicken or beef +$8
Add shrimp, mahi-mahi, grouper or snapper fillet +$13

COCONUT CHICKEN BITES $24 —NEW—
Coconut encrusted chicken breast bites, sweet chili dipping sauce

MUSHROOM RAVIOLI $23
Four ravioli, creamy Alfredo sauce

CRAB CAKES $18
Crabmeat, herbs, spices, light breadcrumbs, rémoulade sauce

TUNA TARTARE $19
Fresh tuna, cubed avocado, radish garnish

ROCKIN' CONCH FRITTERS $24
Caicos conch, sweet peppers, onions, island spices, rémoulade sauce

CONCH SALAD $24
Raw marinated Caicos conch, citrus dressing, onion,
sweet peppers, habañero, crispy plantain chips

CONCH TRIO $27
Caicos conch salad, conch fritters, cracked conch

JERK VEGGIE BITES $24 —NEW—
Jerk-spiced broccoli, cauliflower, baby carrots & squash,
asparagus, garlic-mango aioli

ISLAND STEAK BITES $34 —NEW—
Grilled tender steak bites, sautéed peppers & onions,
chimichurri, homemade steak sauce

VEGETABLE SPRING ROLLS $22
Flavor-filled mixed vegetables, deep-fried, sweet chili sauce

GRILLED SHRIMP SKEWER $24
Marinated grilled shrimp, BBQ dipping sauce

@ReefRockers
Reef.Rockers@yahoo.com

Reef Rockers
Beach Bar and Grill



Salads

CORAL COBB $25
Mixed greens, smoked bacon, chicken breast, avocado,
tomatoes, sweet corn, chopped egg, fresh basil, feta cheese

THAI MANGO CHICKEN $27 —NEW—
Mixed greens, cabbage, grilled chicken, mango, cucumber,
carrots, red pepper, cilantro, peanuts, crispy wontons, Thai lime dressing

Add grilled chicken or seasoned beef +$8
Add shrimp, grouper or snapper fillet +$13
Add Swai +$10 | Add Salmon +$15

GREEK SALAD $21 —NEW—
Red onion, cherry tomato, cucumber, sweet bell peppers,
kalamata olives, feta cheese, homemade Greek dressing

BEET SALAD $22 —NEW—
Mixed baby greens, beetroot, cherry tomatoes, cucumber,
goat cheese crumbles, toasted walnuts, grilled chicken,
pineapple vinaigrette

TACO SALAD $24
Crispy tortilla, romaine lettuce, cheddar, taco sauce,
sour cream, salsa, guacamole

CLASSIC CAESAR $24
Romaine lettuce, herbed croutons, shaved Parmesan,
creamy garlic dressing

Tacos

Two soft flour tortillas or hard corn shells | Choice of side
Add guacamole +$2

GRILLED SNAPPER TACOS $30
Grilled snapper fillet, pineapple cabbage slaw,
onside tropical fruit salsa, sour cream

GRILLED CHICKEN TACOS $26
Grilled chicken breast, shredded lettuce, diced tomatoes,
mixed cheeses, onside tropical fruit salsa, sour cream

VEGGIE TACOS $23
Steamed vegetables, shredded lettuce, diced tomatoes,
mixed cheeses, onside tropical fruit salsa, sour cream

GROUND BEEF TACOS $26
Seasoned ground beef, shredded lettuce, diced tomatoes,
mixed cheeses, onside tropical fruit salsa, sour cream

Soups

CONCH CHOWDER Cup $12 | Bowl $19
Caicos conch, root vegetables, potatoes, corn, cream,
fresh herbs, fresh bread

TOMATO SOUP Cup $12 | Bowl $19 —NEW—
Classic tomato soup, garlic, onions, fresh basil, garlic bread

Lunch

Daily 11am to 5pm

Wraps

Served with your choice of side. Wraps served on spinach tortilla,

CHOPPED BACON RANCH WRAP $28
Iceberg, chicken breast, bacon, cherry tomatoes, shredded cheddar, herbed croutons, ranch dressing

CORAL COBB WRAP $28
Mixed greens, smoked bacon, chicken breast, sweet corn, avocado, tomatoes, chopped egg, fresh basil, feta cheese

BBQ CHICKEN WRAP $30
Iceberg, grilled BBQ chicken breast, black beans, sweet corn, garbanzo beans, fresh cilantro, basil, crispy corn tortilla strips, Monterey Jack, tomatoes, scallions, BBQ ranch dressing

CLASSIC CAESAR WRAP $25
Romaine lettuce, herbed croutons, shaved Parmesan, creamy garlic dressing
Add grilled chicken +$8
Add shrimp, grouper or snapper fillet +$13
Add Swai +$10

Side Options

Shoestring fries
Island rice
Steamed vegetables
Baked potato with butter
Caesar salad
White rice
Onion rings —NEW—
Baked mac & cheese
House salad

Sweet potato fries +$2
Fruit bowl +$2
Tater tots +$2

Sandwiches

Served with your choice of side.
Sandwiches on fresh bakery brioche bun or cranberry walnut toast.

REEF ROCKIN' BURGER $26
Flame-broiled Angus beef, fresh-baked brioche bun, choice of cheese, crisp lettuce, fresh tomato, red onion
Add bacon +$2 | Mushroom +$1 | Fried egg +$4
Add sautéed onions or crispy onion rings +$1

GRILLED PORTOBELLO MUSHROOM BURGER $27
Marinated grilled portobello mushroom, fresh-baked brioche bun, crisp lettuce, fresh tomato, red onion
Add cheese +$2 | Bacon +$2 | Fried egg +$4
Add sautéed onions or crispy onion rings +$1

CHICKEN SANDWICH $25
Grilled or fried chicken breast, red onion, romaine lettuce, fresh tomatoes, fresh-baked brioche bun
Add cheese +$2 | Bacon +$2

FISH SANDWICH $28
Pan-seared or battered Swai fillet, tartar sauce, red onion, fresh tomatoes, romaine lettuce, fresh-baked brioche bun
Substitute grouper or snapper +$10

CLUB SANDWICH $26
Deli turkey, smoked bacon, cheddar, Swiss, fresh tomato, crisp lettuce, honey mustard, mayonnaise, cranberry walnut toast
Add chicken breast +$8

Reef Rockers
Beach Bar and Grill
Turks & Caicos Islands

Lobster

• IN SEASON ONLY •
Season Open August 1 – March 31
Market Price

LOBSTER QUESADILLA
Mixed cheeses, crispy flour tortilla, diced onions, peppers, onside sour cream, salsa

LOBSTER TACOS
Two soft flour tortillas, cracked lobster, shredded lettuce, diced tomatoes, mixed cheeses, onside tropical fruit salsa, sour cream
Choice of side

LOBSTER PASTA
Penne Alfredo, grilled lobster, Parmesan

CREAMY LOBSTER SOUP
Caribbean spices, carrots, celery, garlic, onion, lobster, saffron

Island Vibes

JERK CHICKEN WRAP $28
Juicy, spicy grilled chicken breast, lettuce, tomato, onion, flour tortilla, spicy mayo | *Choice of side*

CHICKEN FINGERS $20
Crispy chicken fingers, spicy mayo | *Choice of side*

FISH & TOTS $27
Battered fried Swai fillets, tartar sauce, lemon, tater tots
Substitute grouper or snapper +$10

SNAPPER FILLET YOUR WAY $44
Grilled, jerked, blackened or pan-seared snapper, island rice, house salad, tropical fruit salsa

SKILLET BAKED POTATO $11 ***—BAKED FRESH DAILY—***
Smashed baked potato, butter | *Load it up and make it a meal*
- *Mushrooms & mozzarella +$6*
- *Sour cream, cheddar & chopped bacon +$7*
- *Steamed vegetables & mixed shredded cheese +$8*
- *Grilled BBQ chicken breast, sweet corn, tomatoes, Monterey Jack & BBQ ranch dressing +$11*

GRILLED OR FRIED WHOLE SNAPPER $48
Whole snapper, baked mac & cheese, sweet plantain, tropical fruit salsa. *Choice of island rice or house salad*

All items are subject to 12 % government tax, and 10 % Service Charge
Service Charge is distributed among all staff.
If you choose to tip above your bill, it will go directly to your server
No outside food or drink allowed, $15 Corkage Fee for all outside wine.
We reserve the right to refuse service to anyone.
(649) 946-5880 Thank you Reef Rockers October 2026